



# AMC Miles Matter

## Meet Lucas...

AMC Miles Matter was founded by a Carlsbad family whose son, Lucas, was born with AMC in February 2012. Lucas was diagnosed at his mom's 20-week ultrasound. His parents were told that his condition "wasn't compatible with life outside the womb." AMC Support provided hope, resources and vital information that helped the family during a heart-breaking time.

Lucas is now 2 years old and like any typical boy he loves planes, trains and animals. He has recently learned to cruise independently and he will hopefully take his first "solo" steps sometime this year.

## Make your miles and your donations matter too.

Arthrogryposis Multiplex Congenita (AMC) is a rare muscle and joint condition that occurs one in every 3,000 live births. Although those numbers seem common, very few people are aware of AMC. The condition involves curved or hooked joints, limited range of motion and multiple joint contractures throughout the body at birth. There is no cure for AMC, but treatments are available to help those with the condition lead happy, independent lives. Treatments include serial casting, physical therapy, occupational therapy and various surgeries.

Please help us by sponsoring AMC Miles Matter Family 5K.  
Our goal is to raise \$10,000 and log over 600 miles that truly matter.  
Please visit [www.amcsupport.org](http://www.amcsupport.org) to learn more about the condition and come and support the cause on June 28, 2014.  
All proceeds will be donated to AMC Support (AMCSI).

